	Mon	Tues	Wed	Thurs	Fri	Sat	Sun
6	CROSSFIT	CROSSFIT	CROSSFIT	CROSSFIT	CROSSFIT		
		TACFIT		TACFIT	TACFIT		
9:30	CROSSFIT	CROSSFIT	CROSSFIT	CROSSFIT	CROSSFIT	CROSSFIT	FLOWFIT
						CF KIDS	
11	MOBILITY	TACFIT	MOBILITY	TACFIT			
10:30-1:30	Open Gym	Open Gym	Open Gym	Open Gym	Open Gym	Open Gym	
4	CROSSFIT	CROSSFIT	CROSSFIT	CROSSFIT	CROSSFIT		
				CF KIDS			
5:15	CROSSFIT	CROSSFIT	CROSSFIT	CROSSFIT	CROSSFIT		
5:30	TACFIT	TACFIT	TACFIT		TACFIT		
6:30	CROSSFIT	CROSSFIT	CROSSFIT	CROSSFIT	CROSSFIT		
	CF TEENS		CF TEENS	CF TEENS			
CROSSFIT			**TACFIT**		**FLOWFIT**		**MOBILITY**
MON-FRI	SAT @ 9:30AM		MON-FRI		SUN @ 9:30AM		MON & WED @ 11AM
6:00 AM			6AM (EXCEPT WED)				
9:30			11:00:00 AM (Tues/Thurs Only)				
4:00 PM			5:30PM (EXCEPT THURS)				
5:15							
6:30							
CF KIDS			**CF TEENS**				
THURS @ 4PM			MON, WED & THURS @ 6:30PM				
SAT @ 9:30AM							